

Travel and Directions

There are a variety of ways in which you can travel to DDRC Healthcare. Plymouth is accessed via the A38 Devon Expressway which links to the motorway network at Exeter (M5). You can join the M4 to London and South Wales or the M6 to the Midlands and the North. Bristol is just 125 miles away, while London is only a 4 hour journey. National Express run fast, frequent and low-priced services every day to major cities throughout Britain. Coaches link with Exeter, Gatwick and Heathrow airports.

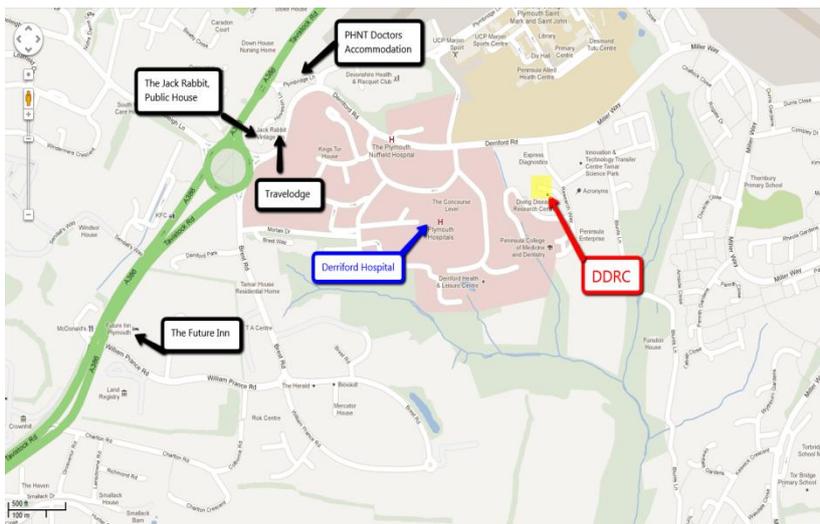


From Exeter

1. Exit the A38 at Manadon (signposted City Centre, Tavistock A386)
2. Keep in the right hand lane (signposted Tavistock A386, Derriford) and at the roundabout take the 5th exit (signposted Tavistock A386, Hospital, A & E, Airport)
3. Merge on to the A386 (signposted Airport, Hospital, A & E).
4. Continue at the Derriford roundabout 3rd right to Derriford Hospital.
5. Continue through the first set of traffic lights on to the second and turn right in to Plymouth Science Park.
6. Take the first right-hand turn and DDRC Healthcare is the building on the left.

From Cornwall

1. Cross the Tamar Bridge and continue forward on to the A38
2. Exit the A38 at Manadon (signposted City Centre, Tavistock A386)
3. Keep in left hand lane and at the roundabout take the 2nd exit (signposted Tavistock A386, Hospital, A & E, Airport)
4. Continue at the Derriford roundabout 3rd right, following the signs to Derriford Hospital.
5. Continue through the first set of traffic lights on to the second and turn right in to Plymouth Science Park.
6. Take the first right-hand turn and DDRC Healthcare is the building on the left.



Rail

Plymouth is well served by high-speed trains. There are frequent services to London Paddington, as well as fast Intercity services to Birmingham, Manchester, Liverpool, Leeds, Newcastle and Edinburgh